

Video Quiz

Video Title: Fall Protection in Mining

Length: 13:00

Vendor: Florida State Grants Program

Synopsis: General overview of fall hazards in mining & fall protection

1. A safety belt is the recommended fall arrest system. True __, False __
2. Fall arrest systems consist of a full _____, and a shock absorbing _____
3. Other procedures and equipment are needed to _____ the person who has fallen.
4. The key to safety when working in elevated areas is _____
_____.
5. A fall-arrest system is good for how many falls _____.
6. Anchorage for a fall arrest system should be located _____ and must be capable of holding _____ lbs.

1)False, 2)body harness, lanyard 3) rescue, 4) choosing to use the system in elevated areas, 5)1, 6)directly above, 5000.